

WikiWOW • The Farmers' Market

Farmers' markets exist worldwide and reflect their local culture and economy. Their size ranges from a few stalls to several city blocks. In some cultures, live animals, imported delicacies unavailable locally, and personal goods and crafts are sold. The current concept of a farmers' market is similar to past concepts, but different in relation to other forms – as aspects of consumer retailing, overall, continue to shift over time. Similar forms existed before the Industrial age but, were often part of broader markets, where suppliers of food and other goods gathered to retail their wares. Trading posts began a shift toward retailers who sold others' products more than their own. General stores and grocery stores continued that

• buying at markets encourages attention to the surrounding area
Reduced transport, storage, and refrigeration can benefit communities too:

- lower transport & refrigeration energy costs
- lower transport pollution
- lower transport infrastructure cost (roads, bridges, etc.)
- less land dedicated to food storage

A manager of the McClintock Fountains Farmers Market reported that 90% of the money gained at farmers' markets stays in the community. This money also stays in the com-



LAND O' LAKES Farmers' Market
Downtown Land O' Lakes,
Thursdays until August 29, 9am-12pm.

PHELPS Farmers' Market
Saturdays from 9am to noon,
through September 28, at 2299
Highway 17 (Downtown), Phelps.

EAGLE RIVER Farmers' Market
Wednesdays from 8:30 am - 1:00pm
through August 14, at the snowmobile
trail on Hwy 45 (just north of the bridge).

MINOCQUA Farmers' Market
Fridays from 8:30am to 1:30pm,
through October 11, at 10295 Highway 70
(Minocqua Park Complex), Minocqua.

specialization trend in retailing, optimizing the consumer experience, while abstracting it further from production and production's growing complexities.

Modern industrial food production's advantages over prior methods are largely based on modern cheap, fast transport and limited product variability. But transport costs and delays cannot be completely eliminated. So, where distance strained industrial suppliers' reach, where consumers had strong preference for local variety, farmers' markets remained competitive with other forms of food retail. Recently, consumer demand for foods that are fresher (spend less time in transit) and foods with more variety—has led to growth of farmers' markets as preferred food-retailing mechanisms.

Benefits to Farmers—Farmers' markets can offer farmers increased profit over selling to wholesalers, food processors, or large grocery firms. By selling directly to consumers, produce often needs:

- less transport
- less handling
- less refrigeration
- less time in storage

Where consumers perceive the farmers' produce as of equal or better quality than produce available through grocers, farmers may retain most of the cost savings to themselves. Some farmers also prefer the simplicity, immediacy, transparency and independence of selling direct to consumers. By contrast, relations with agricultural conglomerates can be burdened with quite complex contractual details.

Benefits to Communities:

- farmers' markets help maintain important social ties, linking rural and urban populations and even close neighbors in mutually rewarding exchange
- market traffic generates traffic for nearby businesses
- by providing outlets for 'local' products, farmers' markets help create distinction and uniqueness, which can increase pride and encourage visitors to return

munity *longer* than money that supports larger corporations. Market owners are often paying clients, 'paying' the local community for the space they use.

Farmer's markets may also contribute to innovative distribution means that strengthen civic engagement by reducing the social distances between urban and rural communities.

Benefits to Consumers:

- reduced costs; driving, parking, etc.
- fresher foods
- seasonal foods
- healthier foods
- a better variety of foods, e.g.: organic foods, pasture-raised meats, free-range eggs and poultry, handmade farmstead cheeses, heirloom produce heritage breeds of meat and many less transport-immune cultivars disfavored by large grocers
- a place to meet neighbors, chat, etc.
- a place to enjoy an outdoor walk while getting needed groceries



**Don't Miss... a Celebration
of the glorious TOMATO**
LOL Farmers Market, Aug 15, 10:30am

Individuals often favor farmers' markets as a way to personally contribute to the community benefits of reducing transport, storage, & refrigeration.

According to Farmers Markets of America, customers drawn to farmers' markets shop locally for three main reasons: food quality, better prices, and a great social atmosphere.

Evidence seems to show that overall prices at a typical farmers' market are lower than prices at a supermarket because the process of production is more concise; there is less distance to travel, and fewer middlemen.

Another reason that many shop at farmers' markets is that they provide produce at a much higher quality. Robert Sommer argues in his book that "there is no question that farmers market produce is fresher and more flavorful".

Content excerpted from wikipedia.org through the Creative Commons Attribution-ShareAlike License. Mural pictured above is from the famous Alemany Certified Farmers' Market of CA.

Land O' Lakes Library Programs

Aug. 12 – **The Muppets** (new movie). Musical family comedy starring Jason Segel and Amy Adams.

With the help of three fans, The Muppets must reunite to save their old theater from a greedy oil tycoon. 103 min.

Wednesday, Aug. 14 at 10am – **It's a Water Party!** Be prepared to GET WET, as we celebrate summer with water games, a wading pool, sprinklers & lots of soggy fun. Don't forget to bring a towel!

Aug. 19 – **Brave** movie. Animated action adventure from Disney Pixar starring Kelly MacDonal and Emma Thompson.

Determined to make her own path in life, Princess Merida defies a custom that brings chaos to her kingdom. Granted one wish, Merida must rely on her bravery and her archery skills to undo a beastly curse. 93 min.

Wednesday, Aug. 21 at 10am – **Birds of Prey** presented by The Northwoods Wildlife Center. Learn about our local birds of prey from live, rescued birds; then get hands on with lots of skulls, claws and other cool stuff.

ADULT PROGRAMS:
Thursday, Aug. 8th at 11:00am – **Book Presentation** by Father John: *The Wandering Friar*

Franciscan friar, and a priest, Fr. John Anglin, OFM, presents a positive picture

years of active ministry. Through *The Wandering Friar*, you will meet the rich and the poor, city folk, suburbanites, and country people. You will likewise meet Hispanics, African Americans and Native Americans, some of strong faith, others of weak or growing faith, but all of them Catholic. You will likewise read of Friar John's early life and how he came to grow into an exciting and rewarding ministry.



Tuesday, Aug. 20th at 4:00pm

– **All About Lakes** by Ursula Charaf.

Interested in the origin of lakes, the life cycles of lakes, how to determine their health and much more... Join us at the Land O' Lakes Library for this informative presentation.

by Father John Anglin, OFM.

The Catholic Church, a term that evokes wonder, curiosity, awe, reverence, but also hurt, confusion and anger. As a dyed in the wool member of this Church, a

of the Church not through its institutional structures or through the many things positive and negative reported about it in the media, but through the lived experience of its members that he has encountered during his extensive travels during over forty

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BORDER HAPPENINGS

ANNOUNCEMENTS • • • •
Vilas County Fair: Aug 8-11.

CONOVER • • • •
Youth Group Faith Unlimited: Conover Evangelical Free Church, every Wed, 6:30-8pm.

Conover Transfer Station: Fri-Mon 9am-3pm; Wed 6-8pm. Closed Tues & Thurs.

Conover Post Office Window: Mon-Fri 9am-12:30 & 1:15-4pm; Sat 9-11am.

LAND O' LAKES • • • •
Headwaters Art League Show: Gateway Lodge, Aug 9-14.

Friendship Sunday: Hope Lutheran Church, Aug 11, 9:30am. Lunch afterwards.

Starting a Business Workshop: Chamber, Aug 13, 5:30-7:30pm.

Diving Demos: Duck Lake Boat Landing, Aug 12, 8am. (Raindate Aug 13)

Benefit For Julie Justice: LOL Pavilion, Aug 17, 2pm. Cookout, Band and Raffle.

LOL Discover Wisconsin Airing: Aug 17 and 18 on Channel 9 WAOW TV. Be sure to check your local listings for date and time.

Ride with Leinie:
Fat Tire Bike Rides: 11-mile & 22-mile rides on Agonikak National Recreation Trail, start at Brew's Pub, Aug 9. Corn Roast @5pm, Live Music @8pm.

Ride the Trails: 38-mile @9am & 12-mile @11am Forest Lake Country Store, Aug 10. Beer Tasting & Brats afterwards.

Northwoodstock: Bent's Camp, Aug 10, starts at 1pm.

Forest Lake Country Store Events:
Sand Creek Brewing: Aug 8.
French Wine of Guilgal: Aug 14.
3 Sheeps Brewing: Aug 15.
Three Thieves Wines: Aug 21.
Oskar Blues Brewing: Aug 22.

LIBRARY PROGRAMS:
Movie Monday: 10am.
-Hotel Transylvania: Aug 5.
-The Muppets: Aug 12.
-Brave: Aug 19.
Computer Questions & Answers w/Paul Clay: every Tues, 10:30am.
Programs: every Wed, 10am.
-Water Party: Aug 14.

AIS Advanced Training

Diving demonstration on Duck Lake showing pulling techniques of Aquatic Invasive Species(AIS) for prospective and active divers. GPS instruction included. August 12, at 8AM sharp. Rain/Wind date August 13, 8AM sharp. Location at Duck Lake Boat Landing. To reserve a place, email info@isccw.org. Subject line: Advanced Training, Duck Lake. Include names of participants, phone numbers. PFD and polarized sunglasses suggested. (aye, aye, cap'n!)

-Birds of Prey: Aug 21.

Bridge Class: every Thurs, 10am-12pm

Hours: M-F 9am-5pm; Sat 10am-1pm

LOLA PROGRAMS:

Digital Cameras 101: Aug 9, 1-2pm.

Free Lecture & Photography Exhibit: Aug 9, 2-3pm.

Spirit Cards with Watercolors: Aug 22, 10am-2pm

Line Dancing: St. Alberts Church, every Tues, 9:45-10:45am. & 11am-12pm.

LOLA's 100 Days of Art:

The Creative Side of Bankers: Headwaters Bank, Aug 5-17.

Navajo Rug Lecture: Trading Post, Aug 8, 1pm.

Computers-Paul Clay: Buzz on B, Aug 8, 1-3pm.

Play in the Clay: LOLA deck, Aug 10, 10am-2pm.

Dancing for Swaziland: LOL Park, Aug 10, 8pm.

Bricolage Beauties-Object Dolls: LOLA Center, Aug 14, 4:30-6pm.

Celebration of the Tomato: LOL Farmers Market, Aug 15, 10:30am.

Teddy Bear Workshop: Barbara's Tailoring Shoppe, Aug 16, 11am-3pm.

The Art Gypsies' Garden Party: Fir Tree Cottage, Aug 17, 10am-4pm.

Garden Walk Photo Show: LOL Community Garden, Aug 23, 10am.

A.A.: LOL Town Hall, Sun, 2pm.

Yoga Classes: Town Hall, weekly. Mon 5:30-6:45pm (All levels); Tue 8:30-9:45am (Foundations); Thu 8:30-10am (Continuing). 715-547-3480.

Tennis Court Jesters: every Mon, & Thurs, 9am. All levels of play are welcome.

Summer Bible Study: Hope Lutheran Church, every Tues, 10am.

Fish & Game Club Programs:

Ely Church, 2nd Tues (May-Oct) 7pm. 6:30 refreshments.

Ice Cream Social & Wild Rice Harvesting: Aug 13, speaker is Roger LaBine from Lac Vieux Desert.

LOL VFW Post 8400: VFW Hall, last Tue, 7pm.

Headwaters Food Pantry: Food Pantry Pick-up: Olympic 76 St, 1st & 3rd Wed, 8:30-11:30am.

Gateway Ladies Golf League: Gateway GC, every Wed, 8:30am.

Drop Stitch Group: knit & crochet group, LOL Library, Wed, 1-3pm.

Bingo: St. Albert's Church, every Wed, 'til Aug 21, 7-9pm.

Headwaters Ecumenical Lunch Program: Ely Church, 1st & 3rd Wed, 10:30am-12:30pm.

LOL Planning & Beautification Meeting: LOL Town Hall, 2nd Wed, 8:30am. Public welcome.

Wilderness Lakes Trails: LOL Chamber building, 4th Wed, 5pm. Public welcome.

VFW Post #8400 Ladies Auxillary: LOL VFW Hall, last Wed, 2pm.

Farmers Market: Downtown, every Thurs 'til Aug 29, 9am-12pm.

Flea Market: Town Hall, every Thurs 'til Aug 29, 9am-3pm.

Northern Waters Museum: 'til Labor Day, Thu-Sat, 11am-3pm.

New-U Club: Watch your weight with friends. Hope Lutheran, Thurs, 8:45-10am. More info 906-544-2554.

Airport Commission: Land O' Lakes Airport, 2nd Thurs, 5:30pm. landolakesairport@hotmail.com

Veterans Helping Veterans Outreach Group: LOL Bible Church, 2nd Thurs, 6pm.

LOL Chamber Meeting: 3rd Thurs, 7:30am. Public welcome.

LOL Transfer Station: Tue 8-3; Thurs 12-6; Sat 8-4; Sun 9-12.

LOL Post Office Window: Mon-Fri 9:30am-1pm & 2-4pm; Sat 9:30-11am.

PHELPS • • • Phelps Men's Softball Tournament: Wavering Park, Jul 16-18.

Fireman's Picnic: Wavering Park, Aug 3, 1pm-9pm.

Picnic in the Park: Wavering Park, Aug 9, 5-9pm.

August Fest: Hillside Resort, Aug 11, 12-4pm.

Phelps Old Timer's Softball Tournament: Wavering Park, Aug 16-18

Phelps Outdoors Fishing Seminar: every Tues, Phelps School, 6-7pm. **-Muskie & Walleye:** Aug. 13.

LIBRARY PROGRAMS:

Summer Programs:

Beekeeping: Aug 8.

Phelps Phun Songs with Bill Wilkinson: Aug 15, 10:30am

Geocaching 101: Aug 16 & 17, 9am.

Hours: M, T, TH, F 10am-4pm; W 2pm-6pm; Sat: 10am - noon. Check us out at www.phelps.wislib.org or call 715-545-2887.

Phelps Town Board Meeting: 2nd Mon, 7pm.

Phelps Women's Club Meeting: 3rd Mon, Phelps Fire Barn, 1pm. Call Sharon Gifford for more info 715-545-4008.

Phelps Senior Center Meeting: last Mon, 1pm. Call (715) 545-3983 for lunch res. 24 hours prior to mtg.

Phelps Lions Club: 3rd Thurs, 6pm. Call Dick Martin at 715-891-2296.

Phelps Historical Museum: Hwy 17 downtown Tue, Thu, Fri & Sat, 10am-2pm or by appt. Call Pauleyn Nystrom 545-3012.

Phelps Transfer Station: Tues 12-3pm; Sat 9am-2pm.

Phelps Post Office Window: Mon-Fri 8am-12:15pm & 2:15-4pm; Sat 9-11am.

WATERSMEET • • •

Ottawa Visitors Center Programs: every Thurs, 7 pm.

The Cutover: Aug 8.

Maple Syrup-An Ottawa Product: Aug 15.

Trees for Tomorrow: Aug 22.

Ontonagon Valley Sportsmens Club Events at Sucker Creek Range:

Action Pistol Shooting: Aug 11 & 25. Pre-reg. 906-358-4346.

Open Adult (15 & older) Shotgun Shooting: Aug 15 & 29, Sep 12, 6pm (EST).

Watersmeet Township Board of Education Meeting: 3rd Mon, 6:30pm, unless otherwise noted.

Watersmeet Ladies Golf League: LVD GC, every Tues, 8:30am.

Northwoods Quilters: Watersmeet Bible Church, Tues, 10am-9pm.

Alcoholics Anonymous Meeting: Spiritual Center on Transfer Station Rd, Tues 7pm (Open Topic) and Fri 2pm (Closed Step).

Invasive Species Control Coalition of Watersmeet (ISCCW): Ranger District Headquarters in Watersmeet, 3rd Tues, 9am.

Weight Watchers Mtg: School, Consumer Ed. Rm, every Wed, weigh-in 4:30pm, meeting 5pm.

Watersmeet Dump: Mon, Tue, Thu, Fri, and Sat 8am-4pm.

Watersmeet Post Office Window: Mon-Fri 9:30am-12:30pm & 1:30-4pm; Sat 9:15-10:45am.

BEYOND THE BORDER • • • BOULDER JUNCTION •

Musky Jamboree & Street Party: Aug 9-11.

Free Fishing Seminar: Community Center, every Sun, 7pm.

-Musky Fly Fishing: BJ Community Center, Aug 18, Bill Sherer.

-Fall Walleye: BJ Community Center, Aug 25, Bob's Manitowish Guide Service.

EAGLE RIVER •

Street Sale and Corn Roast: Downtown, Aug 8, 9am-4pm.

Polish Boat Regatta: Pitliks Sand Beach Resort, Aug 10, 1pm.

Paul Bunyan Fest: Aug 14, 9am-4pm.

National Musky Open: Fair-

grounds, Aug 16-18.

ER Youth Days Auction: Aug 16 & 17, 6pm.

Trees For Tomorrow Events:

Public Programs: Free

The Survival Games: Aug 8.

Thursdays, 8:30am-4pm, youth ages 8-12. \$25. Pre-reg required 715-479-6456.

Farmers Market: every Wed, 8:30am-1pm.

Vilas Cty Master Gardener's Mtg-

Custom Landscaping: 2nd Thurs, 7pm. Public invited, has a speaker.

PRESQUE ISLE •

Presque Isle Fine Art Show: Aug 18, 10am-3pm.

ST. GERMAIN •

Flea Market: Park, every Mon, May 27-Sept 2, 8am-3pm.

Bingo: Community Center, every Mon, Jun 10-Aug 26, 7pm.

UPPER MICHIGAN •

Rockland-Old Victoria Art Show: Aug 18.

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Next issue: August 22, 2013

Submissions by: August 10, 2013

Ewen 4th of July Casting Contest & Minnow Races

The Bruce Crossing-Ewen 4th of July Celebration was full of fun youth events, two of which were the Youth Casting Contest and Minnow Races provided by the Ontonagon Valley Sportsmen's Club. Participants in the races pitted their choice of minnows against the field of entries. At the start signal, minnows were released from the dip nets and cheered to the finish line; the first minnow to cross the line was the winner.

The age 5-15 participants in the casting contests were coached in casting technique and allowed to practice casting before taking 3 chances to hit the ring for their age group. Anyone who hit the ring won a prize of his or her choice. OVSC appreciates all who took part in the events and congratulates prize winners:



in the events and congratulates prize winners:

Compasses:

- Selena Dix (12 yo) Ontonagon, MI
- Isaac Lappanen (9 yo) Duluth, MN

Flashlight:

- Kris Whalen (13 yo) Greenland, MI

Survival Kits:

- Justus Kaat (14 yo) Bruce Crossing, MI
- Martin Shamion (14 yo) Trout Creek, MI

Tackle Boxes:

- Cole Berndt (7 yo) Trout Creek, MI
- Anna Wiseman (11 yo) Ontonagon, MI
- Dakota Stilke (8 yo) Bruce Crossing, MI

Rod & Reels:

- Levi Kaat (10 yo) Bruce Crossing, MI
- Parker Far (12 yo) Shirley, IN
- Hazel-Jane Strong (8yo) Trout Creek, MI



Pictured at top: Steve Worachek conducting this year's minnow race. Pictured above: left, Levi Kaat, winner of a rod and reel, & Anna Wiseman, winner of a tackle box; right, Hazel-Jane Strong, winner of a rod and reel.

ObamaCare for Small Business

Small Business Majority is pleased to partner with the Small Business Administration to provide online seminars to educate small business owners about the new healthcare law, *Affordable Care Act*, and what it means for your company.

This free series will focus on both federal and state provisions to help small business owners understand how the law will affect them. Topics being discussed include:

- Small business tax credits (available to businesses and tax-exempt non-profits)— who's eligible for them and how to claim them
- Marketplace updates
- Shared responsibility
- Cost containment
- Tools and resources available for small businesses
- A question and answer period will follow.

Small Business Majority is a national nonprofit advocacy organization focused on solving the biggest problems facing America's 28 million small businesses. We conduct extensive opinion and economic research and work with small business owners, policy experts, and elected officials nationwide to bring nonpartisan small business voices to the public policy table.

Presenters will be Meredith K. Olafson—Senior Policy Advisor, United States Small Business Administration, and Grant Lahmann—Southern Outreach Manager, Small Business Majority.

Seminars will be held online on Thursday, Aug 8, 1:00pm, and Thursday, Aug 15, 1:00pm. Register here: <https://cc.readytalk.com/cc/s/registrations/new?cid=yb13cm5sy3ph>.

Find out a great deal more at www.smallbusinessmajority.org.

Attention Artists and Crafters

Cranberry Fest has a couple booths left. The 34th Annual Cranberry Fest is slated for October 5-6th in Eagle River, WI. You to display your handmade arts and crafts for sale at Cranberry Fest which will be from 9:00am to 4:00pm on Saturday and 9:00am to 3:00pm on Sunday.

This event is held rain or shine and over 40,000 people attend. For more information on how to participate in the 34th Annual Cranberry Fest Arts and Crafts Show, please call Kim Emerson, Events Coordinator at (715) 479-6400 or (800) 359-6315 or visit www.cranberryfest.org or go to www.eagleriver.org and click on Area Events.

Cranberry Fest is a fun filled day with activities happening throughout the Eagle River Community. Everyone will enjoy over 300 arts and crafts booths, delicious foods, fresh locally grown cranberries, marsh and winery tours, antique show and sale,

Lake Country Weaver & Fiber Artists show and sale, fitness events for the Ministry Eagle River Memorial Hospital Rehabilitation Program, farmers market, World's largest cheesecake for the Make A Wish Foundation, musical entertainment and much more.



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Free Silent Sport Activities

The North Lakeland Discovery Center is sponsoring a series of drop-in silent sport activities and opportunities throughout the summer and fall seasons. All ages and ability levels are welcome. No registration or fee is required to attend these activities.



Friday, August 9th will be a hike among the old-growth forests of the Van Vliet Hemlocks. The hike is from 1-3pm and will depart from the East Trailhead on East Van Vliet Road in Presque Isle. Detailed directions to the Van Vliet Hemlocks can be found at <http://discoverycenter.net/visit-us.html>.

Weekly silent sport activities will be announced as the season progresses. If you have suggestions for outings, please contact Maria Kopecky, Outdoor Recreation and Events Specialist, at maria@discoverycenter.net.

Start a Business!

Attend a free Explore Starting a Business workshop to find answers to your questions and get connected to the people and resources that can help you succeed. Land O' Lakes Chamber of Commerce in partnership with Nicolet College is offering a free interactive two hour workshop at the Chamber of Commerce Welcome Center Building Tuesday, August 13th, from 5:30 to 7:30pm. You will learn must-do's to launch a business and keep it running; reasons why having a business plan is critical to your success; and insights and experiences of successful local entrepreneurs and small business owners. You will also learn how the new E-Seed Innovative Entrepreneurship Training program can help you turn your dreams into reality. This 12 week program is available through Nicolet College and Fox Valley Technical College and is scheduled to begin Wednesday, Sept 4, 2013 in Eagle River. If you are a Vilas County resident and attend the free "Explore Starting a Business in Vilas County" workshop and complete a scholarship eligibility form which you would receive at the workshop, it would be possible for you to participate in the E-Seed Innovative Entrepreneur program free of charge. This training program will be held at the Vilas County Business Incubator in Eagle River. Take this free opportunity to help yourself by attending the Explore Starting A Business Workshop in Land O' Lakes at the Chamber building on August 13 at 5:30 p.m.



Phelps Library Programs:

Geocaching 101 – Fri. & Sat., Aug. 16 & 17, 9am. The Phelps Public Library will hold a Geocaching 101 class. Learn the basics of Geocaching. The class will provide hands-on basics. Please bring a GPS unit and laptop, if you have them. For more information call Rollie Alger: 715-545-2711.

Phelps Phun Songs – Thur., Aug. 15, 10:30am. Join us and celebrate the last Summer Reading Program for the year called, "Phelps Phun Songs". Listen to stories and sing-a-long with Bill Wilkinson as he performs children songs. There will be prizes, treats and awards.

Library Hours: M,T,TH,F: 10am-4pm; W: 2-6pm; Sat: 10am-noon. Check us out at <http://phelps.wislib.org> and Facebook or call 715-545-2887.

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Historical Society Workroom Open House

Do you have a historical document or photograph you'd like scanned and copied?

Do you ever wonder how a museum safely stores donated historical items?

Have you ever thought about how loaning a precious family heirloom to a museum for an exhibit would be handled?

Do you know how a museum uses modern computer techniques to organize its collections?

Land O' Lakes Historical Society volunteers will be on hand to answer these questions and many more Thursday, August 22, from noon to 4pm as the Land O' Lakes Historical Society Acquisitions Task Force opens the Land O' Lakes Historical Society's NorthernWaters Museum workroom to the public.

The Historical Society workroom is located in the lower level of the Land O' Lakes Town Hall in downtown Land O' Lakes. Please use the Town Hall rear entrance.

Time permitting, Historical Society volunteers will scan and copy historical documents or photographs for workroom visitors.

"This is an excellent chance for history buffs, especially persons thinking of donating or loaning objects or documents to a well kept local museum, to find out what museum collecting and preserving processes are all about," said Jan Geronime, Acquisitions Task Force chairperson.

For more information, please contact Geronime at (906) 358-4625.



Women's Handgun Course

The Ontonagon Valley Sportsmen's Club recently held the second offering of the Women's Handgun Introduction & Refresher Course planned for this summer. This time, six women participated from Ewen, Bruce Crossing, Ironwood, and Watersmeet.

Once again, the course was based on the NRA Basic Pistol Shooting curriculum and included both classroom and range experience. Basic handgun safety, parts and operation, ammunition, and fundamentals of shooting were covered, followed by hands-on practice at the range. The class was presented by NRA Certified Instructors and OVSC members Dick Graham, Al Sanborn and Jim Forbes.

Class participants and other women members of the area shooting community who may be interested in pursuing handgun accuracy with weekly group target shooting at the Sucker Creek Range in

Paulding next summer are asked to call the OVSC at 906-827-3424. Please indicate both your interest in being part of a women's pistol group as well as times that would work in your schedule, and leave your telephone number and email address when you call. If there is sufficient interest, plans will be firmed up over the winter.



Pictured above: Participants in the OVSC's 2nd handgun course this held summer (from left) Donna Watkins, Dick Graham, Valerie Talsma, Cathy Sanborn, Jim Forbes, Cindy Sturmer, Al Sanborn, Carol Brady, and Lisa Nordine. Pictured at left: Coach Jim Forbes explains handgun technique to Bonnie Howard of Bruce Crossing.

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Blue Green Algae Warning

The hot, humid weather of Wisconsin can fuel blue-green algae blooms on some popular Wisconsin lakes. These blooms can produce harmful toxins (known as cyanotoxins), which can cause illness in people and their pets. There have been a number of reports of algae-related health concerns and state and local public health and water quality officials are warning the public to avoid swimming, wading, skiing or coming into contact with lake and pond water where a green to bluish-green scum or mat of algae is present. Gina Egan, Vilas County Health Officer, is asking families to make sure their children and pets do not swim in or drink scummy lake water. The public is also encouraged to report potential algae-related illnesses to the Wisconsin Department of Health Services by filling out an electronic form (www.dhs.wi.gov/eh/bluegreenalgae) or by calling (608-266-1120).

Blue-green algae, technically known as Cyanobacteria, are microscopic organisms that are naturally present in Wisconsin lakes, streams and ponds at low levels. When conditions are favorable, usually in summer, the number of algae can increase dramatically, forming pea-soup blooms and scums on the water surface.

Some algal species produce toxins that, when ingested, can harm the neurological systems or liver of people, pets, livestock and wildlife. Not all Cyanobacteria produce toxins, but the presence of blue-green algae in a lake or pond is a marker for a potential hazard.

Individuals who experience health effects related to blue-green algae often report rashes, gastrointestinal upset, respiratory irritation and eye irritation.

The Wisconsin Department of Health Services and the Wisconsin Department of Natural Resources advise the following:

- Avoid areas of water that look like paint or pea soup or where you see algal scums or mats
- Always shower with soap after swimming in a lake and wash your hands after coming in contact with lake water
- Don't let pets drink lake water and wash your pet with clean fresh water after they swim in lake water

For more information on blue-green algae, go to the WI Department of Health Services website at <http://www.dhs.wisconsin.gov/eh/bluegreenalgae/>, or the WI DNR website at <http://dnr.wi.gov/lakes/bluegreenalgae/>

Tamburitzans at Three Lakes High School Eastern European Folk Dancing...

The Three Lakes School/Community Arts Association is proud to once again host the Tamburitzans from Pittsburgh's Duquesne University. Each year, since its founding in 1937, the Tamburitzans performs an exciting new program of traditional Eastern European folk dances to delight both new and returning audience members. A wide array of costumes celebrates the color and art of the diverse countries and cultures that the dances represent. The group's name comes from the tamburitz which is an Eastern European stringed instrument similar to the mandolin.

The Tamburitzans captures the indomitable spirit and history of Eastern Europe. Language (a dozen or more are used) is no barrier, as the emotions strike a universal chord: joy at a wedding, sorrow over a lost love, and pride in a plentiful harvest. Through music and movement, the breadth of human experience is portrayed with passion and believability.

The performance will be Sunday August 18th, 7:30pm in the Three Lakes High School auditorium. Students under the age of 18 are free. Tickets are available at the BMO/Harris Banks in Rhinelander, Three Lakes and Eagle River or at the door the evening of the performance.

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Vacation Bible School

Vacation Bible School was held July 16 - 18th at Ely Memorial Church with the help of St. Albert's Catholic Church. 18 children attended three fun filled 3 hr/day sessions with a skit, bible story, music, crafts, games and snacks each day held against a Rain Forest Background. A wall mural decorated by the children was also made for each church. Thanks to all our volunteers and to each child who attended, it was a resounding success.

Fundraiser for Julie Justice

There will be a benefit at Land O' Lakes Town Pavilion for Julie Justice on Aug. 17th at 2:00pm. There will be a cookout, raffle, and bake sale, as well as other things we're working on.

Anyone that's interested in donating, food, items for raffle, etc, please call Marsha at 1-947-517-8618. All donations will be going to help Julie with expenses. Please come out, enjoy the day for a good cause. She has been diagnosed with primary palmonary hypertension, fibromyalgia, COPD, as well as an enlarged heart.

Home Food Preservation Time

There is nothing quite like home-canned tomatoes or crisp family-favorite dill pickles. "Preserving food from your garden or farmer's market during the summer can make for quick and delicious family meals later on," says Barbara Ingham, University of Wisconsin Extension food safety specialist, "but be sure to follow research-tested recipes for safe, high quality food that your family will enjoy."

Vilas County UW-Extension is offering a series of FREE lunchtime learning opportunities so your summertime canning and food preservation activities will be based on up-to-date research-tested information. Each of these one-hour programs will be a chance to listen, learn, and ask questions of experts in the field. The following programs will be held at the Vilas County Courthouse - 330 Court St., Eagle River, WI from 12 noon - 1pm in Conference Rooms 1 & 2



Aug 19 - **Drying Foods at Home** - Wondering what to do with those few onions, tomatoes, carrots or tomatoes sitting in the crisper? Try dehydrating them to make a flavorful soup base. And consider dried fruit as your go-to snack for hungry kids home from school.

Aug 26 - **Successful Storage of Garden Produce** - Extend the season as long as possible by properly storing your garden's produce.

* Free Pressure Canner Testing will be available at each session. Bring your dial gauge with you, or drop it off at our office - this is a free service we offer through the Vilas County UW-Extension office all year long!

"Food safety is, and should be, a primary concern when preserving food at home, from freezing peas to drying of apples. The extension service sets itself apart in providing research-based information," said Teresa Arnold, Vilas County Nutrition Educator.

For information on these programs in Vilas County please call 715-479-3653 or email FFV.WNEP@ces.uwex.edu. Information is also available online at www.foodsafety.wisc.edu.

Founding Fathers Golf Tournament

Do you like to golf and would you like to for a great cause? Then you are in luck because you can join in the fun of the Founding Fathers Best Ball Golf Tournament! It will be held Sunday, August 11th, with Tee Time starting at 11am. Golf the Historic Big Sand Lake Club Golf Course! This is a 4 Person team best ball game.

Lunch will be included. Proceeds will benefit the Phelps Fire & EMS. Please call 715-617-5552 for more info.

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LOCAL LOOK • Sunrise Lodge – Family Resort

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The term family resort is commonly used to describe area resorts. They generally offer playgrounds, are family friendly with opportunities for family togetherness and are family owned and operated. Vilas County is blessed with an abundance of lakes, streams, and forests which gave the resort industry its start and is its mainstay.

Sunrise Lodge is a family recreational resort located on the west shore of Lac Vieux Desert between a National Forest campground and a county park at the headwaters of the Wisconsin River. Though commonly thought to be in Land O' Lakes, Sunrise is actually located in Phelps, WI. The Land O' Lakes mailing address and phone number are a bit misleading.

Sunrise Lodge is one of a very few American Plan resorts that are still in operation. American Plan is an all-inclusive vacation package. Included are three meals daily, lodging in separate cottages or homes, daily housekeeping service, use of all facilities and equipment, recreational activities,

and even fish cleaning and freezing. Mom doesn't have to cook, do dishes or make beds – making for a true VACATION for everyone.

Sunrise has been owned and operated by the Mendham family since 1968. The years since then have seen many expansions, improvements and updates. The family has also expanded from Elsie, Dick, Phil, Linda and Vicki to a total of 14 family members. This includes in laws and seven grandchildren. All 14 live within 2 miles of the resort. You can find fine all 14 working in various capacities at Sunrise. Elsie and Phil serve the front of the house, Linda runs the kitchen with help from Vicki (and Kayla), Kate, Alexa, Carl and Tony. David, Joe and Manuel are generally outside.

Dick is in charge of the flower gardens. Family members are assisted by a friendly staff of 25 providing housekeeping, dining, guest services, maintenance and grounds keepers.

The restaurant is supported by three family members with 4 years degrees in restaurant management. Vicki and Linda both teach cu-

linary arts at Nicolet Technical College during the school year. The dining room is open to the public daily. All breakfast, lunch and dinner menus are designed to reflect family friendly foods. Sunrise operates its own "made from scratch" bake shop, makes all salads on the salad bar along with soups and desserts. You'll find no deep fryer or steam table.

Hospitality is the key to this family resort. Fun, relaxation and togetherness come together at Sunrise Lodge.



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KEEPING YOU POSTED *from Karol Grasse*

On June 20, 2013 the U.S. Postal Service released the West Virginia Statehood Forever Stamp. With this stamp the Postal Service celebrates 150 years of West Virginia statehood. Admitted to the Union on June 20, 1863, in the midst of the Civil War, West Virginia is one of only two new states created during the war and the only one created by separation from a Confederate state.



Located entirely within the Appalachian Highlands, West Virginia is now known as the Mountain State. Its official motto reflects the realities of topography as well as its individualistic spirit: montani semper liberi, "mountaineers are always free." The West Virginia State Forever Stamp is sold in a self adhesive pane of 20 stamps and is now available at your local Post Office. You can also visit www.usps.com for ordering and more information.

Paul Bunyan Fest – August 14th

Paul Bunyan Fest will again take place in Eagle River, WI on Wednesday, August 14. This fun filled family event is co-sponsored by the Eagle River Area Chamber of Commerce and First National Bank of Eagle River. Featured at Paul Bunyan Fest are: chain saw carving demonstrations by Ken Schels, over 80 arts and craft booths, live musical entertainment by the Pinery Boys and the Paul Bunyan Fest beef sandwich and luncheon. This event will take place from 10:00am-4:00pm in Downtown Eagle River. Come on down and enjoy a heap'n help'n of potato salad and corn with a HUGE BEEF SANDWICH and a pickle. Food will be served starting at 11:00am and until gone.

For more information about the Eagle River Area and its events, please contact the Eagle River Area Chamber of Commerce and Visitors Center at (800) 359-6315.



Fundraiser for Northwoods Children's Museum

On Thursday, August 8th from 10am-11pm the Dairy Queen in Eagle River will be hosting Charity Treat Day with Blizzard® proceeds from that day benefiting the Northwoods Children's Museum (NCM). "The museum is a great year-round resource for children in our community as well as visitors from other areas," said Dan Anderson, owner/operator of Dairy Queen. "We're happy to be able to help provide positive play in the Northwoods and put smiles on the faces of children." For every Blizzard purchased at the Eagle River store on August 8th, no matter what

size, \$2 will be donated to the museum. "We are so happy that DQ has chosen the NCM for the recipient of Charity Treat Day for the third year in a row," stated Rouleen Gartner, Executive Director of the Northwoods Children's Museum. "Being a non-profit, we rely on the support from local businesses like DQ. Plus we're both all about fun!"

The Dairy Queen is located at 100 W. Pine Street at the intersection of Hwy. 70 and Railroad St. in Eagle River.

28th Annual Championship Musky Open

The National Championship Musky Open will be held at the Vilas County Fairgrounds in Eagle River on August 16-18. Over 1,100 anglers participated in this event in 2012 and we are looking forward to that many again this year. The National Championship Musky Open is a total catch and release tournament that provides great family fun for all ages and skill levels.

In 2012 we had 56 youth anglers and 72 husband & wife teams.

Last year's anglers registered 198 legal muskies with 49.25 inches being the largest fish caught and released.

Presently over 600 anglers are pre-registered and we are looking forward to another 500 anglers by tournament time. If any angler wishes to still enter this tournament, registrations information can be received at the Vilas County Fairgrounds (Tournament Headquarters) starting Thursday evening, August 15. Registra-

tion includes a tournament hat and t-shirt and a chance to win a brand new 2013 Ranger Boat. Remember, everyone who enters the tournament gets a chance to win the \$35,000+ Mercury Powered Ranger Boat with a Ranger-Trail Trailer, whether you catch a musky or not.

For further information, please contact the Eagle River Area Chamber of Commerce at (800) 359-6315 or visit our website at www.eagleriver.org



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HEALTH & WELLNESS

The Revitalizer *by Dr. Ida Bergman Allen, DC*

I have a challenge for you today. If you have been to any of my classes lately, you will know I have been using a fun little technique I call 'The Revitalizer' to help your body work out stress of many kinds. I will challenge you to do this daily in the morning or evening (or both for even better results). It will take you less than 5 minutes and does a few things for you. First, it helps to get your nervous system properly wired for healing. Second, it allows you to assist your lymphatic system in draining out toxins. Third, in my opinion it could help you with many things like focus, pain, energy, nervousness, depression, confusion, OCD, anger, fatigue, and much more. Try it for yourself, but make sure you speak with your health care practitioner first. As you practice, don't get too hung up on where the exact points are as it will still be effective if you are not on the exact right area.

The Three Thumps

1. Use several fingers or knuckles to tap the 3 spots. Tap vigorously on each set of points. Focus on breathing in through your nose and out through your

mouth during all the tapping.

2. The first spot is the K-27 area. To locate K-27 points place your fingers on your collarbone and move them inward towards the U-shaped notch at the top of your breastbone. Move your fingers to the bottom of the U and then move down and out about an inch to find the spots. Tap or massage for ten to fifteen seconds.

3. Place the fingers of either or both hands in the center of your breastbone at the thymus gland. Tap there for fifteen to twenty seconds with your fingers or your knuckles.

4. Tap the Neurolymphatic Spleen area, beneath the breasts and down one rib, for fifteen seconds.

The Neurolymphatic Flush

Massaging each point in small circles. Lymphatics are in parenthesis.

1. K-27 points (kidney/heart)

2. 1 inch out from K-27 (governing)

3. Another inch out to a spot between your body and arm (use your opposite hand to get deeper into this groove) (lung)

4. Work down the middle of the breast bone and then down sides of breast bone between ribs (lungs/gall bladder)

5. Work around underneath the breast making a ½ moon starting from the outside (breast)

6. Work below breast bone (xyphoid) down ribs out to end of ribs (small intestine)

7. Work the area between bra line and bottom of rib cage (spleen meridian)

8. Work one inch above belly button and one inch out (triple warmer)

9. Work right beside belly button and one inch out (kidney)

10. Work just above the pubic bone (bladder meridian)

11. Work hands on hips and travel down sides of legs working each point about ½ inch to an inch apart (large intestine meridian)

12. Work down the inside of the legs in a similar fashion (small intestine meridian)

If any of these points are sore, don't be alarmed. They just need a little extra attention and probably have quite a bit of toxic build up. Listen to your body and do not continue if there is actual pain.

The Zip-up

This is used to let your nervous system know you are done with the session and it can go to work. Understand that we all have at least 2 feet of energy resonating from our body outward. This is also known as our 'Chi'. Using the zip-up will keep your own energy working for you.

1. Place your hands at the bottom end of the central meridian, which is at your pubic bone

2. Inhale deeply as you simultaneously move your hands, slowly and with deliberation, straight up the center of your body, to your lower lip, where

the meridian ends.

3. By continuing upward, however, bringing your hands past your lips and exuberantly raising them into the sky connecting your central meridian.

4. Circle your arms back down to your pelvis.

5. Repeat three times.

This is actually a small but very beneficial part of a larger routine produced by a woman named Donna Eden. For her longer routine or for more information, look her up on YouTube. Have fun with your energy!

For more fun tips, programs, recipes, and natural health information, visit us at www.EducatingWellness.com.

Land O' Lakes is a Star



Land O' Lakes is still the star of an episode of Discover Wisconsin and the 2013 viewing is to be aired on Channel 9 WAOW TV on August 17th or 18th. Be sure to check your local listings for date and time. If you have not already viewed the "Land O' Lakes Serenity at the Top of Wisconsin" episode, this is your opportunity to do so. Be sure to tune in to see your town, friends, events and more.

DVD's of the Land O' Lakes Discover Wisconsin episode are available for purchase at the Land O' Lakes Chamber of Commerce, Gateway Lodge, Tackle Box and the Trading Post. Get your keepsake DVD for only \$10.

The Discover Wisconsin project is a joint effort of the Town of Land O' Lakes, the Chamber of Commerce, and numerous other sponsors to promote Land O' Lakes and the Northwoods of Wisconsin. Enjoy the show.

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From the PASTOR'S WINDOW by Pastor Skip Pullen



Skip Pullen is a pastor with Village Missions, serving the Upper Peninsula of Michigan at the Watersmeet Bible Church.

Some time ago, we had a youth outing at one of our youth workers homes. They had all sorts of fun activities planned for the young people. One of the things that I recall most is a game he had the kids play. It required the kids to sit on the block wall on one side of patio area and for them to get to the other side without touching the patio area or the grass around the area, they would have to start over. He then informed the kids that there *was a way* for them to get across. It could be done. Well, the kids tried all sorts of things from jumping to crawling to other inventive ideas. Yet each time they were told that they had to go back. Then some-

thing happened. Unknown to the kids, the rules allowed a teenager who wasn't part of the game to carry each young person over to the other side. The teen began to inform the kids individually of this rule. The kids that believed what the teen told them hopped on the teen's back and were carried across. While some of the kids continued to try on their own, one after another, kids were beginning to ask the teen to carry them over to the other side.

I'm sure the object of this illustration is apparent. Jesus has made the way that the believer can access to God the Father. In the book of Romans it says, *"But now the righteousness of God apart from the law is revealed, being witnessed by the Law and the Prophets, even the righteousness of God, through faith in Jesus Christ, to all and on all who believe. For there is*

no difference; for all have sinned and fall short of the glory of God, being justified freely by His grace through the redemption that is in Christ Jesus," (Romans 3:21-24).

peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. (Romans 5:1-2).

The Good News is that God doesn't just want us

to know that we are sinners, but He also wants us to know that He has provided a way that we can be cleansed of our sin, through the blood of the Lord Jesus Christ. The Bible tells us that there is no one

that is righteous. We all miss the mark when it comes to God and His Kingdom; but by trusting in Christ whom He sent to die to pay the price of our sin, we can be forgiven. Christ came not only to forgive the penalty of our sin, but to free us from its grip as well. Salvation, forgiveness of sin, and access to heaven is available to all who will call upon the Lord to be saved. Jesus has bridged the gap. Is your trust in Jesus Christ as your hope of salvation, for forgiveness of your sin and for eternal life? I hope you have. If not, speak to Him about your need right now? You'll be glad you did. *Know that I'm praying for you.*



Sin separates every person on this planet from God and heaven. The good news is that Jesus Christ died on the cross and took the punishment for our sin on Himself so we might receive His righteousness, His right standing before God in Him. *For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him. (2 Corinthians 5:21).* Jesus Christ has bridged the gap between us and God. It is a way made by God's unmerited favor, His grace, apart from any effort on our part. A way that comes through faith and trust in Christ God's Son, a way that we may have hope of seeing the glory of God in heaven. *Therefore, having been justified by faith, we have*

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Tenth Annual Presque Isle Fine Art Show

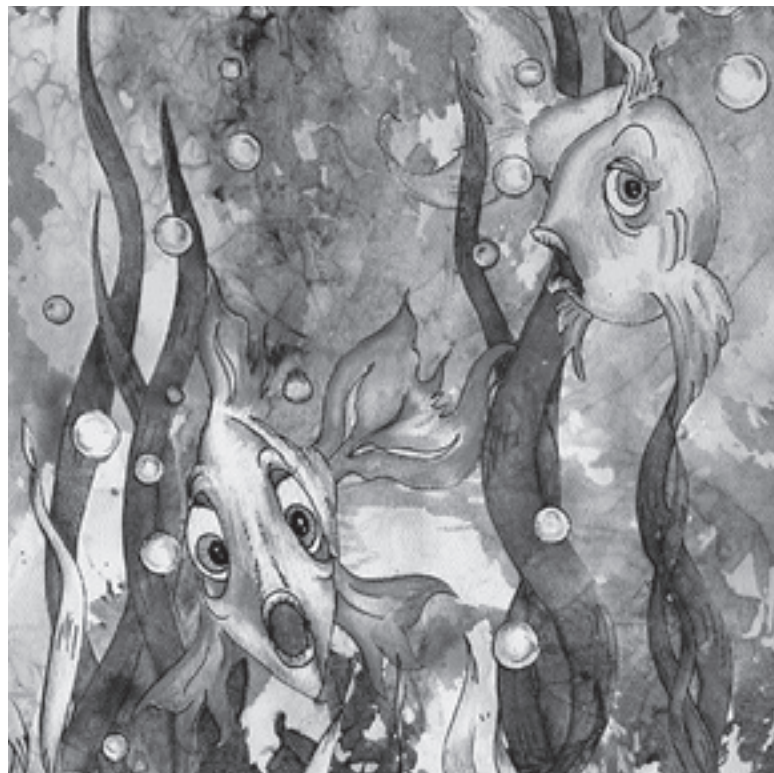
The annual Presque Isle Fine Art Show will be held Sunday, August 18 from 10am to 3pm at the Presque Isle Community Center and Park on School Loop Rd.

All forms of fine art, from painting to jewelry, woodworking to pottery highlight this event. The public is invited to view and enjoy exceptional art, raffle prizes, entertainment, great food and vendor booths.

The show is held in conjunction with the Discovery Art Camp's exhibit. Visitors need only to walk next door to the library to see creative art works centering on the watery world of the north-woods. Saga Erickson, artist illustrator, and Licia Johnson, Discovery Center's Naturalist, are the camp's instructors.

Ben Meyer of Rhinelander

NBC affiliate WJFW-TV12 is this year's judge. Art show chairman Kay Lorbiecki said, "Ben will be a discerning judge, well known for his reporting on stories that



depict the north-woods and its residents. Artists, too, tell us stories with their creations" she said. "They help us see the world from a different point of view."

Visitors to the show may also

vote for their favorite pieces. The Judge's award, Artists' Choice, and People's Choice awards will be presented at 3:15pm. People's Choice prizes are awarded to both

adult and youth under the age of 18.

Outside the art show in the park next to the Community Center, many of the artists set up vendor booths. At these booths the public has the opportunity to see more of their favorite artist's work and to purchase items from the artists.

Presque Isle's Sky-view Lodge, and the Yacht Club will be the food vendors at this year's show.

Artists interested in entering the show can call 715 439 5233 for a registration form. For more information about the show or additional registration information go on line to the Presque Isle Fine Art website, pifinearts.com. Registrations are accepted up to 200 entries.

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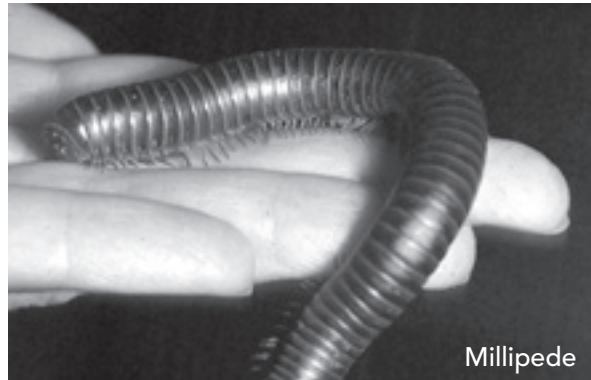
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NATURE NOTES • Centipedes & Millipedes *by Peter Dring*



Peter Dring is a naturalist, photographer, and was Director of the world renowned Little Red Schoolhouse Nature Center for nearly four decades.

Many people mention centipedes and millipedes in the same breath as if the two were essentially the same animal with a different number of legs. From their names



Millipede

you might picture centipedes as creepy-crawlies with a hundred legs and millipedes as the same with a thousand legs. But their names are misleading and contribute to the confusion between these two very different animals. Both belong to the phylum Arthropoda, making them relatives of insects, spiders, and crustaceans. All arthropods have jointed legs, but centipedes and millipedes have more of them.

In general, millipedes have more legs than centipedes because millipedes have two pairs of legs per body segment while centipedes have only one pair. To that extent their names are not misleading. But millipedes never have a thousand legs, and centipedes often have more than a hundred. Furthermore, some species of centipedes have more legs than some species of millipedes. With approximately 200 species of centipedes in the United States and 150 species of millipedes, and leg counts ranging from 30 to over 300, counting the number of legs would be the most frustrating and least interesting way to distinguish the two animals. It might be better to begin with general appearance. Both animals have segmented bodies and jointed legs, but the centipede is flat and its legs are long. The millipede looks more like a worm - its body is cylindrical and its legs are short.

The different body shapes and leg lengths reflect the different lives the two animals live. The

centipede, with its long legs, can move quite fast. Its flat body enables it to crawl into cracks and under things. The centipede needs its speed and maneuverability because it is a predator. It eats insects, slugs, earthworms, and other small animals that share the dark, moist places it inhabits. An additional adaptation also marks it as a predator: the pair of legs on the first body segment are not walking legs but poison "claws." With these

specialized appendages the centipede injects its prey with a paralyzing fluid that makes the prey easier to manage.

The short-legged, slow-moving, worm like millipede is a vegetarian. It lives for the most part on dead and decaying plant matter. Because its food sources neither run away nor put up a fight, it has no need for speed or special weapons. The millipede's weapons are weapons of defense. When attacked, it curls up so that its hard back protects its legs and soft under parts. It can also make itself obnoxious by excreting a substance from stink glands along its sides.

Another distinction between these two distant cousins is their living arrangements. The millipede prefers leaf litter and the top few inches of soil, where it finds plenty of decaying plant food. It sometimes digs deeper in search of moisture. The

centipede, on the other hand, likes the spaces under bark and beneath stones, where it finds the invertebrates it preys on. It has also been known to inhabit moist basements. The house centipede is a special case. Whereas other centipedes are strictly nocturnal and have poor eyesight, the house centipede hunts during the day and has compound eyes quite similar to an insect's. Although the presence of thirty-legged house centipedes in your basement might disconcert you, it's actually an advantage to have them there because they prey on insects.

Although both centipedes and millipedes may be repulsive to you when you first see them, if you can understand the important roles they are playing, perhaps you can learn to live with them - even the centipedes in your basement. The millipede is highly beneficial because it contributes to the ongoing process of soil building. By eating and digesting dead vegetation, it breaks plant matter down into the simple elements that plants still alive and growing require. The centipedes are performing an equally important function as insect and slug controls.

Whatever damage either of these animals may do to living plants or beneficial insects must be weighed against their positive

contributions. In pursuing their own quiet lives in the dark, moist, and hidden places they prefer, centipedes and millipedes help nature maintain its balances and recycle its life-supporting resources.



Centipede



Black bears are among the many wildlife species discussed at this year's Wildlife Festival. Photo Anan Interpretive Staff.

Northwoods Wildlife Festival

The North Lakeland Discovery Center will host an inaugural Northwoods Wildlife Festival on September 13-15th. The weekend's events include presentations and workshops by statewide experts, biologist-led field trips to wildlife "hotspots", keynote talks, and wildlife

programs for families, all focused on the ecology of bats, wolves, and Northwoods wildlife. Interested attendees can sign up for individual programs or for the weekend in its entirety, including options for food and lodging.

This event is a part of the Discovery Center's growing commitment and presence in the fields of citizen and student science, and particularly as it relates to wildlife. "Wildlife is definitely an interest for many people in the area," says Research and Monitoring Coordinator, Heather Lumpkin. "This festival will be a perfect opportunity for anyone who appreciates Northwoods wildlife. The variety of activities includes intimate and unique ways to learn about research and conservation efforts, to participate in citizen science, and to become involved with a growing community of wildlife enthusiasts."

One of the Wildlife Festival's highlights is the Northwoods Citizen Science Fair. The fair showcases the unique and inspiring ways individuals, families, and classrooms can be involved in wildlife research at local, state, and national levels and how attendees and groups can participate in projects alongside experienced scientists and ecologists.

Registration for the Northwoods Wildlife Festival opens in mid-August, mark your calendars now!

The Discovery Center is located on county highway W just 1.2 miles north of US Highway 51 in Manitowish Waters, WI. For more information visit www.DiscoveryCenter.net or call (877) 543-2085.

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WI DNR Surveying Area Lakes

Invasive plants, animals and pests are spreading to Wisconsin's lakes, rivers and landscapes. The Wisconsin Department of Natural Resources (WI DNR) is working with citizens and partners to slow the spread of invasive species and protect our environment. According to Diane Daulton, WDNR Aquatic Invasive Species Specialist, teams began surveying Wisconsin lakes in mid-June for the presence of aquatic invasive species. "The Early Detection Project's goal is to obtain a scientific baseline of how many lakes are currently affected by aquatic invasive species". Field work will wrap up mid-September.

Currently mid-way through this 5-year Early Detection effort, WI DNR staff are surveying about 200 lakes each year looking for invasive species. Lakes are "randomly" chosen in order to develop a representative picture of aquatic invasive species presence across Wisconsin waters. WI DNR staff expect that the study will detect invasive species early enough to give affected lakes a head start in controlling problem species.

The Early Detection survey teams use snorkeling gear and underwater rakes to look for invasive plants or animals, and they tow nets (resembling mesh wind socks) behind boats to collect smaller organisms. The teams include WI DNR experts as well as county, university, and other conservation partner staff. They are trained to identify invasive plants like Eurasian water-milfoil, curlyleaf pondweed, or purple loosestrife. They also look for invasive animals including faucet snails, New Zealand mudsnails, Chinese mystery snails, spiny and fish-hook water fleas, and zebra or quagga mussels.

"In addition to catching new populations of AIS for early control measures, this monitoring project will answer a question no one has been able to solve yet," says Maureen Ferry, WI DNR monitoring specialist. "After five years, we'll be able to tell if the different invasive species are speeding up their rate of spread, slowing down, or not changing," explains Ferry. "If we pair that with maps about where they're going, Wisconsin can become



Quita Sheehan, Vilas County Land & Water Conservation, surveying for Aquatic Invasive Species on Birch Lake in Winchester.

very targeted about where we put our best defense efforts to keep our lakes clean."

Lakes on this year's survey list in Vilas County include: Witches Lake, West Plum Lake, Diamond Lake, Round Lake, Little John Lake, South Twin Lake, Snipe Lake, Towanda Lake, Anvil Lake, Horsehead Lake, Upper Buckatabon Lake, Razorback Lake, Long Interlaken, Birch Lake, Ike Walton Lake, Big Muskellunge Lake, Star Lake, Robinson Lake, and Johnson Lake. Oneida County Lakes

include: Hodag Lake, Dog Lake, McCormick Lake, Mud Lake, Long Lake, Stone Lake, Ginty Lake, Emma Lake, Manson Lake, Horsehead Lake, George Lake, Big Stone Lake, North Nokomis Lake, Lake Thompson, Clear Lake, Pelican Lake, and Rhineland Flowage.

The public is invited to learn more about the Early Detection study and invasive species. If you observe staff conducting field surveys, in most cases, they wel-

come the opportunity to discuss findings, as long as conditions are safe. The WI DNR also invites the public to join the effort by becoming a member of the Citizen Lake Monitoring Network (CLMN). Citizen Lake monitors engage in various levels of lake monitoring based on their interests. For opportunities and training through the Citizen Lake Monitoring Network, check out the webpage at <http://www4.uwsp.edu/cnr/uwexlakes/clmn/get-involved.asp>.

More information on invasive species can be found on the WI DNR's website at <http://dnr.wi.gov/topic/invasives/> where you can see pictures of invasive species and report a suspected invasive species in your area. For Vilas County lakes Diane Daulton can be reached at the WI DNR in Ashland (715) 685-2911 or email diane.daulton@wisconsin.gov. Quita Sheehan can be reached at the Vilas County Land & Water Conservation Department in Eagle River (715) 479-3747 or email mashee@co.vilas.wi.us. For Oneida County lakes Jennifer Steltenpohl can be reached at the WI DNR in Green Bay (920) 662-5110 or email Jennifer.Steltenpohl@Wisconsin.gov.

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